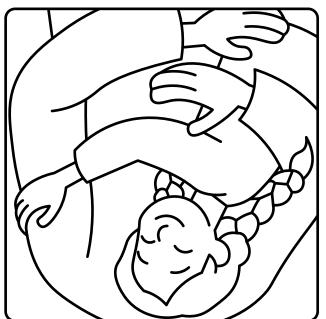


1. This poem is from the Psalms, a book of songs in the Bible. It goes like this: I look up at the hills and think, "Who will help me?" I remember my help comes from God, who made heaven and earth.



3. God is your shield and defender. When the sun is hot, and the moon is bright, God will shade you.



4. God will watch over you and give you life, guarding and protecting you forever and ever.